

Telephone: 01989 564579
www.rosshealthandbeauty.co.uk

The ROSS Health & Beauty Centre

Opening Hours

Mon	9.30am	-	6.00pm
Tues	9.30am	-	6.00pm
Wed	9.30am	-	6.00pm
Thurs	9.30am	-	6.00pm
Fri	9.30am	-	6.00pm
Sat			variable hours

(Times may sometimes vary/be extended)

WAXING

Using high quality wax to gently remove unwanted hair. Lasts 4-6 weeks. Lessens hair growth, becoming softer, finer and often lighter in colour.

1/2 Leg Wax	£18.00
3/4 Leg Wax	£20.85
Full Leg Wax	£29.00
Full Leg Wax & Bikini Line	£38.00
Full Leg Wax, Bikini, U/Arm	£45.00
Underarm Wax	£12.00
Lip or Chin Waxing	£11.00
Lip and Chin Waxing	£16.00
Bikini Line Wax (regular)	from £14.00
Female Intimate Waxing	£32.00
Forearm Wax	£16.00
Men's Back Wax	£26.50
Men's Chest Wax	£26.50
(Both)	£43.50
Nasal Wax	£11.00

ELECTROLYSIS -

Using APILUS advanced hair removal system. Treatment using sterile disposable needles.

Minimum charge.....	£16.50
10 Minutes.....	£20.00
up to 15 Minutes.....	£23.00
up to 20 Minutes.....	£26.50
up to 25 Minutes.....	£29.00
up to 40 Minutes.....	£39.00

EYELASHES & BROWS (Skin patch-test required)

Eyebrow Waxing	£11.50
Eyeshadow-tinting	£15.00
Eyebrow-tinting	£12.00
Eyebrow-tinting & Shape	£21.00
Henna brow tint and shape	£31.00
Eyelashes & Brows Tint.....	£22.00
Eyeshadow Tint & Brow Shape	£22.50
Eyeshadow Tint, Brow Tint & Shape.....	£30.00
Eyeshadow Lift/Perm	£44.00
Eyeshadow Lift/Perm & Tint.....	£49.95
Eyeshadow Extensions Full set.....	Call Salon to inquire
3D Eyeshadow Extensions	Call Salon to inquire
Eyeshadow Removal of Extensions.....	Call Salon to inquire
Eyeshadow Infills	Call Salon to inquire

HANDS AND FEET

Manicure	£28.00
Luxury Manicure	£35.00
French Manicure	£33.00
Pedicure (bring open toed shoes)	£36.75
Luxury Pedicure (bring open toed shoes).....	£43.50
File & Polish only.....	£20.00
Shellac Manicure.....	£29.00
Shellac Pedicure.....	£42.00
Shellac Soak Off (added to Manicure & Pedicure cost).....	£5.00
Shellac Soak Off with file and strengthener.....	£15.00

IBX NAIL STRENGTHENING SYSTEM.
Treatment with nail shaping and cuticle work..... £28.00
Treatment as add on service with other manicures..... +£8.50

DECLÉOR FACIALS

DECLÉOR
PARIS

Your Decléor specialist will select the most suitable serum, balm and mask (90 minute facial) and a specific massage technique to create a truly bespoke facial experience.

DECLÉOR AROMATHERAPY FACE MASSAGE

40 mins.....	£40.00
70 mins.....	£65.00
90 mins.....	£80.00

DECLÉOR LIFTING AROMATHERAPY FACE MASSAGE

40 mins.....	£40.00
70 mins.....	£65.00
90 mins.....	£80.00

DECLÉOR SKIN WORKOUT FACE MASSAGE

40 mins.....	£40.00
70 mins.....	£65.00
90 mins.....	£80.00

EYE TREATMENT

55 mins.....	£49.50
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DECLÉOR LOCALISED AROMA BODY TREATMENTS

PERFECT LEGS & PRETTY FEET (40 mins)..... £45.00
course of 5

(save £15) - £210.00
Energise sluggish circulation and flush away toxins to relieve puffiness with this focused yet pampering treatment. Tired, aching muscles relax to leave you feeling like you're walking on air.

RADIANT MUM 2 BE (55 mins) (+14 weeks pregnancy) £55.00
Relax while your highly trained therapist safely and gently treats your tummy, legs and face to a truly nurturing experience that helps reduce the risk of stretch marks, relieves 'heavy' legs and brightens skin.

NEW MUM INDULGENCE TREAT (55 mins)..... £55.00
Combining a divine body massage, tailor-made facial and soothing mask, this rejuvenating and relaxing treatment has been specifically created for the needs of new mums. Leaves skin perfected and strengthened...and you unwound.

ENVIRON PROFESSIONAL TREATMENTS



ELECTRO-SONIC ESSENTIAL TREATMENTS

1½ hrs (3-4 areas).....	£68.00
1¾ hrs (10 areas).....	£85.00

Environ's pioneering Dual Electro-Sonic Technology sets the benchmark for Professional Skincare Treatments. Low frequency Sonophoresis together with pulsed Iontophoresis in combination with Environ's Professional Skincare formulations, helps deliver more of what skin needs, where it needs it most - making a real lasting difference, for life.

ESSENTIAL YOUTH RESET

Help soften the appearance of fine lines, sun-damage & sagging skin with this peptide and vitamin-packed treatment for a more youthful appearance.

ESSENTIAL MOISTURE BOOST

Help reduce the appearance of fine lines caused by dehydration and promote a more moisturised glow with this intensive treatment featuring hyaluronic acid as the key ingredient.

ESSENTIAL COMFORT CALM

Help soothe and comfort sensitive and irritated skin with this treatment which combines powerful ingredients to leave the skin feeling restored with a healthy-looking radiance.

ESSENTIAL RADIANCE REVEAL

Help target the signs of sun-damage and pigmentation with this treatment which boosts the skin with the correct combination of ingredients for an even-toned, radiant-looking appearance.

ELECTRO-SONIC FOCUS-ON TREATMENTS

45 mins..... £49.00
Specially developed to target specific areas using Environ's revolutionary Dual Electro-Sonic DF Technology, ensuring that your primary skincare concerns are directly addressed. Perfect for when time is limited.

FOCUS-ON FILLER

This innovative, intense and non-invasive treatment helps to smooth the look of facial lines and restore a rejuvenated, plumped youthfulness to the skin's appearance.

FOCUS-ON FROWN

The iconic peptide blend in this treatment assists to reduce the appearance of expression and frown lines on the forehead as well as eyes, leaving skin looking more smooth and relaxed.

FOCUS-ON EYE

Combining powerful peptide complexes with hyaluronic acid, this intense treatment promotes a refreshed, hydrated and youthful-looking eye area.

FOCUS-ON TEXTURE

An intensive combination of the three Environ Technologies: Dual Electro-Sonic, Cool Peel and Micro-Needling which assists to improve the appearance of mild scarring, revealing smoother, evenly-textured skin.

FOCUS-ON EVEN TONE

The powerful combination of vitamin A, C and AHA's assists to improve the appearance of pigmentation irregularities for a more even-toned and brighter-looking skin.

ENVIRON COOL PEEL TREATMENTS

Environ's unique Cool Peel Technology is a non-invasive, intelligent skin renewal system developed by Dr Des Fernandes to safely and effectively help refine, revive and brighten the appearance of skin. Experience a real, lasting difference through beautiful science.

YOUTH RENEW COOL PEEL

1¼ hrs.....£65.00
This cool peel treatment ASSISTS to reduce the appearance of premature ageing, fine lines, sun-damage and an uneven skin complexion. Discover the power of an intelligent skin peel that will leave the skin looking refreshed and vibrantly youthful.

MOISTURE BOOST COOL PEEL

1¼ hrs.....£65.00
Designed to gently peel the skin's surface and revitalise dry, tired-looking skin to a healthy glow. Suitable to do all year round with no visible peeling or downtime.

DEEP CLEANSING COOL PEEL

1¼ hrs.....£65.00
This unique method of deep cleansing the skin is gentle yet effective in helping to purify and control the appearance of congestion and breakouts, leaving the skin looking clear, healthy and refreshed.

BRIGHT RECOVERY COOL PEEL

1¼ hrs.....£65.00
This gentle lactic acid cool peel assists to reduce the appearance of premature ageing, fine lines and uneven skin tone as a result of excessive sun exposure.

BLEMISH CONTROL COOL PEEL

1¼ hrs.....£65.00
This powerful cool peel treatment assists to improve the appearance of blemish-prone, distressed skin helping to unclog pores and remove surface impurities related to problematic skin conditions.

VIBRANT-C MICRO PEEL

1 hrs.....£58.00
A concentrated vitamin C infused peel that is freshly mixed before application to ensure optimal freshness and efficacy. Proven to deliver a healthy-looking, evenly toned appearance as well as improved skin texture. An excellent choice for sun-damaged, pigmented and ageing concerns.

COURSE OF COOL PEEL TREATMENT X6

.....	(save £20) - £370.00
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OTHER TREATMENTS

HAND & FOOT VITAMIN WRAP£22.00
The perfect add on to any Environ treatment to help soften, smooth and revive the appearance of dry, sun damaged skin on hands and feet. The intelligent combination of AHA's and essential vitamins A, C and E assists to promote nourishment to reveal healthier, more even-toned and youthful-looking skin.

As an added service with facial £10.00



NON-SURGICAL FACE LIFT MICRO CURRENT FACIALS

NEW Bio Therapeutic. A treatment using a micro-current to improve muscle tone and stimulate the production of collagen in the skin. A visible difference can be noticed after just one treatment.

BIO-ULTIMATE AGE DEFYING FACIAL (1¼ hrs)

The Ultimate facial! The non-invasive Bio-Ultimate® Age Defying Facial is a complete and comprehensive service that targets fine lines, improves the appearance of skin tone, and offers intense hydration. Maintenance services are recommended monthly for longevity of results.

Single treatment.....	£60.00
Course of 5.....	(save £20) - £280.00
Course of 10.....	(save £50) - £550.00

BT-COCKTAIL® LIFT (30mins)

The bt-Cocktail® lift is the ultimate mini face lift service. Key movements combined with advanced topical ingredients leave the skin firm, radiant and glowing.

Single treatment.....	£38.50
Course of 5.....	(save £15) - £177.50

INVISIBLE EXPRESSION FACIAL (45 mins)

Especially for eyes/forehead. This excellent service targets expression aging around the eyes and forehead. Intense hydration provides refreshed and supple skin while advanced technology dramatically reduces the appearance of fine lines.

Single treatment.....	£50.00
Course of 5.....	(save £15) - £235.00

TURBO LIFT FACIAL™ (1 hr)

Get a quick lift in less time! The Turbo Lift Facial™ service is perfect for a special occasion or a night out. Offers immediate, dynamic results. A full series is recommended for comprehensive results.

Single treatment.....	£55.00
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COMBINED DECLÉOR/LIFT FACIAL (2¼ hrs) (save £10) ... £115.00
A bespoke facial combining a Decléor facial with the non-surgical facial to give the firming and nourishing benefits with highly effective results.

COMBINED ENVIRON/LIFT FACIAL (2¼ hrs) (save £10) ... £118.00
For muscle toning and deep nourishment.

OTHER FACIALS

CRYSTAL CLEAR™ MICRO DERMABRASION

More gentle than a chemical peel. Good results for skin with open pores, lines and wrinkles, pigmentation, acne scarring and sun damage.
Single treatment (Including face mask).....£50.00
Single treatment (no mask).....£35.00
Course of 5 treatments (Inc. face mask)(save £15) - £235.00
Course of 5 treatments (no mask).....(save £10) - £165.00

STEAM CLEAN FACIAL (1¼ hrs).....£57.50
For clogged/slowed skins, as the Aromatherapy Facial, also including steaming and the removal of blockages/blackheads

ADVANCED TREATMENTS

VIPOPEEL ACID PEELS

A professional skin resurfacing treatment comprising of AHA'S and BHA'S to provide outstanding results, helping to reduce the appearance of fine lines, sun damage, acne and skin congestion.

.....	£52.00
Course of 4.....	(save £10) - £198.00

RED VEIN TREATMENT & SKIN TAG REMOVAL

First Consultation and Treatment (40 min).....	£50.00
Follow-up Treatments	£45.00

MASSAGE AND RELAXATION

MASSAGE (Swedish style)

Full Body Massage (1 hr).....	£46.00
Back and Neck Massage (30 mins).....	£27.50
Massage (40 mins)	£37.50

AROMATHERAPY

A most relaxing body massage using 100% pure essential pre blended oils to treat the whole body. Tailored to suit your personal needs.

Full Body (70 mins)	£52.50
Course of 5.....	(save £10) - £252.50
Back and Neck (40 mins)	£39.50

DEEP TISSUE MUSCLE ENERGISER MASSAGE

Pure therapeutic relaxation to alleviate stress deep down and release the discomfort of aching muscles. 100% natural Essential Oil Balms enhance the experience, leaving your mind calmer and muscles intensely soothed.

30 mins.....	£29.00
1 hr	£52.00

RHBC SIGNATURE BODY, FACE AND SCALP MASSAGE

A luxurious massage, designed to relax the whole body using our specifically chosen oils/balms. Helps to induce a sense of calm, wellness and sheer relaxation.

1½hrs.....	£70.00
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FULL BODY SCRUB

To remove dry-dead skin cells and moisturise the body, for silky-soft skin, followed by an application of luxury body lotion.

Ideal pre-tanning (40 min).....	£38.50
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HOT STONE MASSAGE

Full Body (70 min).....	£60.00
Back and Neck (30 mins)	£36.00

INDIAN HEAD MASSAGE

£36.00
A truly relaxing massage technique covering the head and shoulders benefiting a variety of physical and emotional concerns.

DECLÉOR TRANQUILLITY SCALP

£38.00
Intensely de-stressing scalp treatment to banish tension and aid restful sleep. Pressure point massage includes Rosemary and Lavender Essential Oils to invigorate and calm leaving a feeling a pure serenity.

BACK CLEANSE

A treatment to exfoliate and deep clean the back including steaming and the removal of blackheads.
(40 mins)..... £40.00

SLIMMING & TONING

G5 VIBRATORY MASSAGE

A mechanical massage for the hips, thighs and abdomen. G5 helps to break down adipose (fatty) deposits and cellulite.
40 min Treatment| 6 x 40 min Treatment | (save £10) - £212.00 |
| 25 min Treatment | £30.00 |
| 6 x 25 min..... | (save £5) - £175.00 |

THE UNIVERSAL EXPRESS BODY WRAP

Using bandages soaked in a mineral enriched sea-clay solution. Excellent for inch loss, firming the skin and improving stretch marks and detoxifying the body. Spot reduction for individual areas.

½ Body Wrap	£60.00
Full Body Wrap	£85.00

TANNING

SELF TANNING (Patch test required).

Achieve a golden tan without the sun. Perfect for that special occasion or pre-summer holiday.
St. Tropez air tan Full Body spray tan| St. Tropez air tan ½ Body spray tan | £18.00 |

SUN SHOWER from 70p per minute
Using E.U. regulation compliant tubes

EXTRAS

MAKE-UP

Day or Evening Make-up.....	Call Salon to inquire
Bridal Make-up (as available)	Call Salon to inquire
Step by Step Make-up Lesson.....	Call Salon to inquire

EAR PIERCING

Including Hypoallergenic Gold Studs.....	£18.00
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PACKAGES

TOP TO TOE

Manicure, Pedicure, Decléor Facial, Back & Neck Massage
3½ hrs.....(save £10) - £147.25

PREPARE FOR HOLIDAY (3¼ hrs)

Manicure, pedicure, body exfoliation, eyelash tint
.....(save £10) - £108.25

EXPRESS HOLIDAY PACKAGE (2½ hrs)

File and polish (hands & feet), eyelash tint, body scrub
.....(save £5) - £88.50
St Tropez Full Body Tan.....(save £5) + £20.00

BRIDAL PACKAGE (3¼ hrs).....(save £10) - £121.25
40 minute Decléor Facial, manicure, pedicure, eyelash tint and eyebrow shape
(Upgrade to shellac manicure and pedicure) + £6.00
Full Body Tan (St Tropez)..... + £20.00

RELAXING TREAT (2 hrs).....(save £5) - £107.50
Hands, file and polish, 30 min back and neck massage and 1 hr Decléor facial.

PROM PACKAGES (age 18yrs or under) Price on request

All Consultations - 15 mins.....£6.50
(refundable against treatments or products purchased)

• ALL PRICES MAY BE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

• TREATMENTS MAY BE DISCONTINUED WITHOUT NOTICE

• MOBILE SERVICE AVAILABLE - PRICE ON REQUEST

• A 50% CHARGE WILL BE MADE TO CLIENTS WHO FORGET OR CANCEL APPOINTMENTS WITH LESS THAN 24 HOURS NOTICE

• MOBILE PHONES

As a courtesy to other clients and to maintain a relaxed atmosphere, please keep switched off

• TREATMENT TIMES ARE GIVEN AS AN APPROXIMATE GUIDE

• PLEASE INFORM US OF ANY MEDICAL CONDITIONS BEFORE YOUR TREATMENT

• SKIN PATCH TEST REQUIRED PRIOR TO TINTING / PERMING / TANNING AND LASH EXTENSIONS

• ALL COURSES VALID FOR 1 YEAR