

The ROSS Health & Beauty Centre



2024 PRICE LIST

The Mews, Church Street, Ross-on-Wye,
Herefordshire, HR9 5HN

Telephone: 01989 564579

www.rosshealthandbeauty.co.uk

ENVIRON & DECLÉOR APPOINTED SALON

Opening Hours

Mon	9.30am	-	6.00pm
Tues	9.30am	-	6.00pm
Wed	9.30am	-	6.00pm
Thurs	9.30am	-	6.00pm
Fri	9.30am	-	6.00pm
Sat	variable hours		

(Times may sometimes vary/be extended)



O·P·I



ENVIRON.



TISSERAND
ANOMATHERAPY



DECLÉOR
PARIS



nimue
SKIN TECHNOLOGY
A leader in scientific skincare.



WAXING

Using high quality wax to gently remove unwanted hair. Lasts 4-6 weeks. Lessens hair growth, becoming softer, finer and often lighter in colour.

1/2 Leg Wax	£18.50
3/4 Leg Wax	£21.50
Full Leg Wax.....	£29.75
Full Leg Wax & Bikini Line	£39.00
Full Leg Wax, Bikini, U/Arm	£46.25
Underarm Wax	£12.50
Lip or Chin Waxing.....	£11.50
Lip and Chin Waxing.....	£16.50
Bikini Line Wax (regular)	from £15.00
Female Intimate Waxing	£33.00
Forearm Wax.....	£16.50
Men's Back Wax.....	£26.50
Men's Chest Wax.....	£26.50
(Both)	£44.50
Nasal Wax.....	£11.25

ELECTROLYSIS -

Using **APILUS** advanced hair removal system. Treatment using sterile disposable needles.

Minimum charge	£16.50
10 Minutes.....	£20.00
up to 15 Minutes	£23.00
up to 20 Minutes	£26.50
up to 25 Minutes	£29.00
up to 40 Minutes	£39.00

EYELASHES & BROWS (Skin patch-test required)

Eyebrow Waxing	£12.00
Eyesh-lash-tinting	£15.50
Eyebrow-tinting.....	£12.50
Eyebrow-tinting & Shape	£21.50
Henna brow tint and shape	£32.00
Eyesh-lashes & Brows Tint	£22.50
Eyesh-lash Tint & Brow Shape	£23.50
Eyesh-lash Tint, Brow Tint & Shape	£31.00
Eyesh-lash Lift/Perm.....	£45.00
Eyesh-lash Lift/Perm & Tint	£50.50
Eyesh-lash Extensions Full set	<i>Call Salon to inquire</i>
3D Eyesh-lash Extensions	<i>Call Salon to inquire</i>
Eyesh-lash Removal of Extensions	<i>Call Salon to inquire</i>
Eyesh-lash Infills.....	<i>Call Salon to inquire</i>

HANDS AND FEET

Manicure	£28.50
Luxury Manicure	£36.00
French Manicure	£34.00
Pedicure (bring open toed shoes).....	£37.25
Luxury Pedicure (bring open toed shoes).....	£44.50
File & Polish only	£21.00
Shellac Manicure	£30.00
Shellac Pedicure	£43.50
Shellac Soak Off (added to Manicure & Pedicure cost)	£5.50
Shellac Soak Off with file and strengthener.....	£15.50
Shellac Nail Repair.....	from £3.00

IBX NAIL STRENGTHENING SYSTEM.

Treatment with nail shaping and cuticle work	£28.50
Treatment as add on service with other manicures.....	+£8.75

DECLÉOR FACIALS

DECLÉOR
PARIS

Your Decleor specialist will select the most suitable serum, balm and mask (90 minute facial) and a specific massage technique to create a truly bespoke facial experience.

DECLÉOR AROMATHERAPY FACE MASSAGE

40 mins.....	£40.00
70 mins.....	£65.00
90 mins.....	£80.00

DECLÉOR LIFTING AROMATHERAPY FACE MASSAGE

40 mins.....	£40.00
70 mins.....	£65.00
90 mins.....	£80.00

EYE TREATMENT

55 mins.....	£49.50
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DECLÉOR LOCALISED AROMA BODY TREATMENTS

PERFECT LEGS & PRETTY FEET (40 mins)..... £46.50
course of 5..... (save £10) - £222.50

Energise sluggish circulation and flush away toxins to relieve puffiness with this focused yet pampering treatment. Tired, aching muscles relax to leave you feeling like you're walking on air.

RADIANT MUM 2 BE (1 hr) (+14 weeks pregnancy) £56.50

Relax while your highly trained therapist safely and gently treats your tummy, legs and face to a truly nurturing experience that helps reduce the risk of stretch marks, relieves 'heavy' legs and brightens skin.

NEW MUM INDULGENCE TREAT (1 hr)..... £56.50

Combining a divine body massage, tailor-made facial and soothing mask, this rejuvenating and relaxing treatment has been specifically created for the needs of new mums. Leaves skin perfected and strengthened...as you unwind.

NIMUE FACIAL TREATMENTS

A LEADER IN RESULTS-DRIVEN, SCIENTIFIC SKINCARE



Using products selected to suit your specific skin concerns. A blissful, relaxing treatment that delivers results.

- 40 minute Lifting therapeutic facial £40.00
- 70 minute Lifting therapeutic facial £65.00
- 90 minute Lifting therapeutic facial including eye treatment... £80.00

SMART PEEL - for sensitive skins including rosacea. A calming, rejuvenating treatment (35 mins) £40.00

THERMAL DETOX PEEL - Express deep cleansing and exfoliating facial to leave skin glowing (35 mins) £40.00

ACTIVE REJUVENATING PEEL - 15% AHA peel to treat all skin concerns (Not suitable for sensitive skins) (60-70 mins) £65.00

Book a course of 5 and receive a free SPF 40 worth £45.00..... £325.00

35% GLYCOLIC PEEL A professional strength peel to treat deeper skin concerns. (Must be using nimue home care products) (60-70 mins) £67.00

Book a course of 5 and receive a free active lotion/gel worth £52.00 £335.00

ENVIRON PROFESSIONAL TREATMENTS



ENVIRON™

ELECTRO-SONIC ESSENTIAL TREATMENTS

- 1½ hrs (3-4 areas) £68.00
- 1¾ hrs (10 areas) £85.00

Environ's pioneering Dual Electro-Sonic Technology sets the benchmark for Professional Skincare Treatments. Low frequency Sonophoresis together with pulsed Iontophoresis in combination with Environ's Professional Skincare formulations, helps deliver more of what skin needs, where it needs it most - making a real lasting difference, for life.

ESSENTIAL YOUTH RESET

Help soften the appearance of fine lines, sun-damage & sagging skin with this peptide and vitamin-packed treatment for a more youthful appearance.

ESSENTIAL MOISTURE BOOST

Help reduce the appearance of fine lines caused by dehydration and promote a more moisturised glow with this intensive treatment featuring hyaluronic acid as the key ingredient.

ESSENTIAL COMFORT CALM

Help soothe and comfort sensitive and irritated skin with this treatment which combines powerful ingredients to leave the skin feeling restored with a healthy-looking radiance.

ESSENTIAL RADIANCE REVEAL

Help target the signs of sun-damage and pigmentation with this treatment which boosts the skin with the correct combination of ingredients for a even-toned, radiant-looking appearance.

ELECTRO-SONIC FOCUS-ON TREATMENTS

45 mins £49.00

Specially developed to target specific areas using Environ's revolutionary Dual Electro-Sonic DF Technology, ensuring that your primary skincare concerns are directly addressed. Perfect for when time is limited.

FOCUS-ON FILLER

This innovative, intense and non-invasive treatment helps to smooth the look of facial lines and restore a rejuvenated, plumped youthfulness to the skin's appearance.

FOCUS-ON FROWN

The iconic peptide blend in this treatment assists to reduce the appearance of expression and frown lines on the forehead as well as eyes, leaving skin looking more smooth and relaxed.

FOCUS-ON EYE

Combining powerful peptide complexes with hyaluronic acid, this intense treatment promotes a refreshed, hydrated and youthful-looking eye area.

FOCUS-ON TEXTURE

An intensive combination of the three Environ Technologies: Dual Electro-Sonic, Cool Peel and Micro-Needling which assists to improve the appearance of mild scarring, revealing smoother, evenly-textured skin.

FOCUS-ON EVEN TONE

The powerful combination of vitamin A, C and AHA's assists to improve the appearance of pigmentation irregularities for a more even-toned and brighter-looking skin.

ENVIRON COOL PEEL TREATMENTS

Environ's unique Cool Peel Technology is a non-invasive, intelligent skin renewal system developed by Dr Des Fernandes to safely and effectively help refine, revive and brighten the appearance of skin. Experience a real, lasting difference through beautiful science.

YOUTH RENEW COOL PEEL

1¼ hrs £65.00

This cool peel treatment ASSISTS to reduce the appearance of premature ageing, fine lines, sun-damage and an uneven skin complexion. Discover the power of an intelligent skin peel that will leave the skin looking refreshed and vibrantly youthful.

MOISTURE BOOST COOL PEEL

1¼ hrs.....£65.00

Designed to gently peel the skin's surface and revitalise dry, tired-looking skin to a healthy glow. Suitable to do all year round with no visible peeling or downtime.

DEEP CLEANSING COOL PEEL

1¼ hrs.....£65.00

This unique method of deep cleansing the skin is gentle yet effective in helping to purify and control the appearance of congestion and breakouts, leaving the skin looking clear, healthy and refreshed.

BRIGHT RECOVERY COOL PEEL

1¼ hrs.....£65.00

This gentle lactic acid cool peel assists to reduce the appearance of premature ageing, fine lines and uneven skin tone as a result of excessive sun exposure.

BLEMISH CONTROL COOL PEEL

1¼ hrs.....£65.00

This powerful cool peel treatment assists to improve the appearance of blemish-prone, distressed skin helping to unclog pores and remove surface impurities related to problematic skin conditions.

VIBRANT-C MICRO PEEL

1 hr.....£58.00

A concentrated vitamin C infused peel that is freshly mixed before application to ensure optimal freshness and efficacy. Proven to deliver a healthy-looking, evenly toned appearance as well as improved skin texture. An excellent choice for sun-damaged, pigmented and ageing concerns.

COURSE OF COOL PEEL TREATMENT X6

.....(save £20) - £370.00

ENVIRON HAND OR FOOT VITAMIN WRAP

.....£22.00

The perfect add on to any Environ treatment to help soften, smooth and revive the appearance of dry, sun damaged skin on hands and feet. The intelligent combination of AHA's and essential vitamins A, C and E assists to promote nourishment to reveal healthier, more even-toned and youthful-looking skin.

As an added service with facial..... £10.00



Bio-Therapeutic

NON-SURGICAL FACE LIFT MICRO CURRENT FACIALS

NEW Bio Therapeutic. A treatment using a micro-current to improve muscle tone and stimulate the production of collagen in the skin. A visible difference can be noticed after just one treatment.

BIO-ULTIMATE AGE DEFYING FACIAL (1¼ hrs)

The Ultimate facial! The non-invasive Bio-Ultimate® Age Defying Facial is a complete and comprehensive service that targets fine lines, improves the appearance of skin tone, and offers intense hydration. Maintenance services are recommended monthly for longevity of results.

Single treatment.....	£60.00
Course of 5.....(save £20) -	£280.00
Course of 10.....(save £50) -	£550.00

BT-COCKTAIL® LIFT (30mins)

The bt-Cocktail® lift is the ultimate mini face lift service. Key movements combined with advanced topical ingredients leave the skin firm, radiant and glowing.

Single treatment.....	£38.50
Course of 5.....(save £15) -	£177.50

INVISIBLE EXPRESSION FACIAL (45 mins)

Especially for eyes/forehead. This excellent service targets expression aging around the eyes and forehead. Intense hydration provides refreshed and supple skin while advanced technology dramatically reduces the appearance of cine lines.

Single treatment.....	£50.00
Course of 5.....(save £15) -	£235.00

TURBO LIFT FACIAL™ (1 hr)

Get a quick lift in less time! The Turbo Lift Facial™ service is perfect for a special occasion or a night out. Offers immediate, dynamic results. A full series is recommended for comprehensive results.

Single treatment.....	£55.00
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COMBINED DECLÉOR/LIFT FACIAL (2¼ hrs) (save £10).... £115.00

A bespoke facial combining a **Decléor facial** with the **non-surgical facial** to give the firming and nourishing benefits with highly effective results.

COMBINED ENVIRON/LIFT FACIAL (2¼ hrs) (save £10)..... £118.00

For muscle toning and deep nourishment.

OTHER FACIALS

CRYSTAL CLEAR™ MICRO DERMABRASION

More gentle than a chemical peel. Good results for skin with open pores, lines and wrinkles, pigmentation, acne scarring and sun damage.

Single treatment (Including face mask).....	£50.00
Single treatment (no mask).....	£35.00
Course of 5 treatments (Inc. face mask).....(save £15) -	£235.00
Course of 5 treatments (no mask).....(save £10) -	£165.00

STEAM CLEAN FACIAL (1¼ hrs) £59.50

For sallow/blocked skins, as the Aromatherapy Facial, also including steaming and the removal of blockages/blackheads

ADVANCED TREATMENTS

CRYO PEN®

Cryotherapy works by delivering a precisely controlled jet of Nitrous Oxide gas at around -79°C. This causes an instantaneous freeze which destroys the unwanted cells on contact. Treats skin tags, angioma (Blood Spots), sun pigmentation, warts, verucae etc..... from £50.00

MOLE CHECK SERVICE (up to 3 Moles) £75.00

We work with dermatologists who specialise in recognising problematic moles. We take the photo using a dermascope and send for analysis. Results in 24-48 hours.

RED VEIN TREATMENT & SKIN TAG REMOVAL (advanced electrolysis)

First Consultation and Treatment (40 min)..... £55.00

Follow-up Treatments..... £50.00

MASSAGE AND RELAXATION

MASSAGE (Swedish style)

Full Body Massage (1 hr) £47.50

Back and Neck Massage (30 mins) £28.50

Massage (40 mins)..... £38.50

AROMATHERAPY

A most relaxing body massage using 100% pure essential pre blended oils to treat the whole body. Tailored to suit your personal needs.

Full Body (70 mins) £54.00

Course of 5 (save £10) - £260.50

Back and Neck (40 mins)..... £39.50

DEEP TISSUE MUSCLE ENERGISER MASSAGE

Pure therapeutic relaxation to alleviate stress deep down and release the discomfort of aching muscles. 100% natural Essential Oil Balms enhance the experience, leaving your mind calmer and muscles intensely soothed.

40 mins £39.50

70 mins £58.00

RHBC SIGNATURE BODY, FACE AND SCALP MASSAGE

A luxurious massage, designed to relax the whole body using our specifically chosen oils/balms. Helps to induce a sense of calm, wellness and sheer relaxation.

1½hrs..... £72.50

FULL BODY SCRUB

To remove dry-dead skin cells and moisturise the body, for silky-soft skin, followed by an application of luxury body lotion.

Ideal pre-tanning (40 min)..... £38.50

HOT STONE MASSAGE

Full Body (70 min).....	£60.00
Back and Neck (30 mins).....	£36.50

REIKI (55 mins)

A relaxing, deep healing treatment that works on physical, emotional and mental levels. It can have a calming effect by bringing a perspective into balance..... £50

INDIAN HEAD MASSAGE (1 hr) £38.00

A truly relaxing massage technique covering the head and shoulders benefiting a variety of physical and emotional concerns.

TRANQUILLITY SCALP MASSAGE (20 mins) £38.00

Intensely de-stressing back and scalp treatment to banish tension and aid restful sleep. Pressure point massage includes Essential Oils to invigorate and calm leaving a feeling a pure serenity.

BACK CLEANSE

A treatment to exfoliate and deep clean the back including steaming and the removal of blackheads.

(40 mins).....	£40.00
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SLIMMING & TONING

G5 VIBRATORY MASSAGE

A mechanical massage for the hips, thighs and abdomen. G5 helps to break down adipose (fatty) deposits and cellulite.

40 min Treatment	£38.00
6 x 40 min Treatment	(save £10) - £218.00
25 min Treatment.....	£32.00
6 x 25 min	(save £5) - £182.00

TANNING

SELF TANNING (Patch test required).

Achieve a golden tan without the sun. Perfect for that special occasion or pre-summer holiday.

St. Tropez air tan Full Body spray tan.....	£25.00
St. Tropez air tan ½ Body spray tan	£18.00

SUN SHOWER from 70p per minute

Using E.U. regulation compliant tubes

OTHER SERVICES

MAKE-UP

Day or Evening Make-up	Call Salon to inquire
Bridal Make-up (as available)	Call Salon to inquire
Step by Step Make-up Lesson.....	Call Salon to inquire

EAR PIERCING

Including Hypoallergenic Gold Studs	£18.50
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PACKAGES

TOP TO TOE

Manicure, Pedicure, 70 min Decléor/Nimue Facial, Back & Neck Massage
3½ hrs..... (save £10) - £149.25

PREPARE FOR HOLIDAY (3¼ hrs)

Manicure, pedicure, body exfoliation, eyelash tint*
..... (save £10) - £110.00

EXPRESS HOLIDAY PACKAGE (2½ hrs)

File and polish (hands & feet), eyelash tint*, body scrub
..... (save £5) - £91.00
St Tropez Full Body Tan*.....(save £5) + £20.00

BRIDAL PACKAGE (3¾ hrs) (save £10) - £123.25

40 minute Decléor/Nimue Facial, manicure, pedicure, eyelash tint* and
eyebrow shape
(Upgrade to shellac manicure and pedicure)..... + £6.00
Full Body Tan (St Tropez)* + £20.00

RELAXING TREAT (2 hrs)..... (save £5) - £109.50

Hands, file and polish, 30 min back and neck massage and 70 mins
Decléor/Nimue facial.

PROM PACKAGES (age 18yrs or under)Price on request

***Patch testing required before spray tanning and lash/brow tinting**

All Consultations - 15 mins..... £6.50

(refundable against treatments or products purchased)



• ALL PRICES MAY BE SUBJECT TO CHANGE
WITHOUT PRIOR NOTICE

• TREATMENTS MAY BE DISCONTINUED WITHOUT NOTICE

• A 50% CHARGE WILL BE MADE TO CLIENTS WHO
FORGET OR CANCEL APPOINTMENTS WITH LESS
THAN 24 HOURS NOTICE

• MOBILE PHONES

As a courtesy to other clients and to maintain a relaxed
atmosphere, please keep phones switched off

• TREATMENT TIMES ARE GIVEN AS
AN APPROXIMATE GUIDE

• PLEASE INFORM US OF ANY MEDICAL CONDITIONS
BEFORE YOUR TREATMENT

• SKIN PATCH TEST REQUIRED PRIOR TO TINTING /
PERMING / TANNING AND LASH AND BROW TINTING

• ALL COURSES VALID FOR 1 YEAR

• GIFT VOUCHERS ARE VALID FOR 6 MONTHS AND
CANNOT BE EXTENDED OR EXCHANGED FOR CASH

• CLIENTS ARRIVING LATE FOR APPOINTMENTS WILL BE
CHARGED IN FULL



**GIFT
VOUCHERS
AVAILABLE**

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01989 564579

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