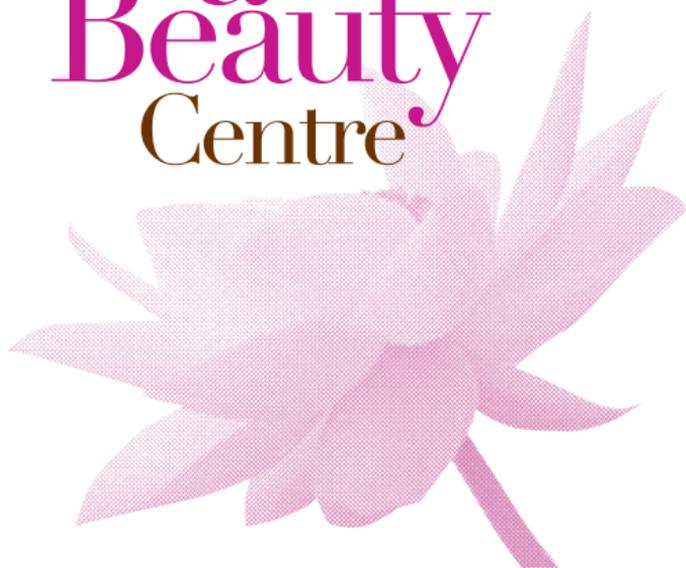


The ROSS Health & Beauty Centre



2019 PRICE LIST

The Mews, Church Street, Ross-on-Wye,
Herefordshire, HR9 5HN

Telephone: 01989 564579
www.rosshealthandbeauty.co.uk

ENVIRON & DECLÉOR APPOINTED SALON

Opening Hours

| | | | |
|-------|--------|---|--------|
| Mon | 9.30am | - | 6.00pm |
| Tues | 9.30am | - | 6.00pm |
| Wed | 9.30am | - | 6.00pm |
| Thurs | 9.30am | - | 6.00pm |
| Fri | 9.30am | - | 6.00pm |
| Sat | 9.30am | - | 1.00pm |

(Times may sometimes vary/be extended)



O·P·I



TISSERAND
AROMATHERAPY

DECLÉOR
PARIS

CRYSTAL CLEAR
SKINCARE

universal
contour
wrap™



Prices subject to change please check the website for any changes

Prices subject to change
please check the website
for any changes

Prices subject to change please check the website for any changes

WAXING

Using high quality wax to gently remove unwanted hair. Lasts 4-6 weeks.
Lessens hair growth, becoming softer, finer and often lighter in colour.

| | |
|----------------------------------|---------------|
| 1/2 Leg Wax..... | £14.95 |
| 3/4 Leg Wax..... | £17.25 |
| Full Leg Wax..... | £27.50 |
| Full Leg Wax & Bikini Line..... | £32.50 |
| Full Leg Wax, Bikini, U/Arm..... | £37.50 |
| Underarm Wax..... | £10.25 |
| Lip or Chin Waxing..... | £9.50 |
| Lip and Chin Waxing..... | £13.90 |
| Bikini Line Wax (regular)..... | from £11.00 |
| Female Intimate Waxing..... | £28.00 |
| Forearm Wax..... | £15.00 |
| Men's Back Wax..... | £22.00 |
| Men's Chest Wax..... | £22.00 |
| (Both)..... | £30.00 |
| Nasal Wax..... | £5.50 - £9.00 |

ELECTROLYSIS -

Using **APILUS** advanced hair removal system.

Treatment using sterile disposable needles.

| | |
|-----------------------|--------|
| Minimum charge..... | £13.95 |
| 10 Minutes..... | £17.00 |
| up to 15 Minutes..... | £19.25 |
| up to 20 Minutes..... | £22.50 |
| up to 30 Minutes..... | £26.50 |
| up to 45 Minutes..... | £34.00 |

EYELASHES & BROWS (Skin patch-test required)

| | |
|--------------------------------------|-------------|
| Eyebrow Waxing..... | £9.50 |
| Eyelash-tinting..... | £12.50 |
| Eyebrow-tinting..... | £9.25 |
| Eyebrow-tinting & Shape..... | £17.25 |
| Eyelashes & Brows Tint..... | £17.50 |
| Eyelash Tint & Brow Shape..... | £19.25 |
| Eyelash Tint, Brow Tint & Shape..... | £25.45 |
| Eyelash Lift/Perm..... | £44.00 |
| Eyelash Lift/Perm & Tint..... | £49.95 |
| Eyelash Extensions Full set..... | £55.00 |
| 3D Eyelash Extensions..... | £65.00 |
| Eyelash Removal of Extensions..... | £15.00 |
| Eyelash Infills..... | from £35.00 |

HANDS AND FEET

| | |
|----------------------------------------------|---------------|
| Manicure..... | £25.75 |
| Luxury Manicure..... | £32.00 |
| French Manicure..... | £28.00 |
| Pedicure (bring open toed shoes)..... | £33.75 |
| Luxury Pedicure (bring open toed shoes)..... | £38.00 |
| File & Polish only (with shellac + £4)..... | £16.75 |
| Minx Nail Design..... | £25.00 |
| Shellac Manicure..... | £26.50 |
| Shellac Pedicure..... | £38.50 |
| Shellac Soak Off..... | £4.00 - £8.50 |
| Express Manicure..... | £19.50 |
| Express Pedicure..... | £26.50 |

IBX NAIL STRENGTHENING SYSTEM.

| | |
|-------------------------------------------------------|--------|
| Treatment with nail shaping..... | £20.00 |
| Treatment with nail shaping and cuticle work..... | £24.00 |
| Treatment as add on service with other manicures..... | +£8.00 |

Prices subject to change please check the website for any changes

DECLÉOR AROMA EXPERT SPECIALISED FACIALS

DISCOVERY FACIAL (40 mins).....£38.00

A divine taster facial suitable for all skin types. The perfect remedy designed to achieve a healthy complexion. Combines cleansing, exfoliation, massage and a mask to smooth your skin and leave it fresh and radiant.

JASMINE POWER BOOSTER (40 mins)..... £45.00

For instant refined and flawless skin, this power packed facial will awaken even the most tired of complexions in the shortest time. Hydrogel mask leaves the skin luminous and dewy fresh.

ULTIMATE VITAMIN GLOW (70 mins).....£52.50

Power-packed with vitamins and anti-oxidants, this award winning facial melts away stress. Combines a rebalancing Essential Oil elixir plus warm, decongesting mask for skin that's purified, perfectly replenished and glowing.

MOISTURE QUENCH (70 mins)£52.50

This super-hydrating facial quenches the thirstiest skin. Exfoliation to smooth includes a nutrient rich mask to intensively rehydrate for skin that's supple and cashmere soft.

DIVINE NUTRITION (70 mins)£52.50

By cocooning skin in deliciously nourishing Essential Oils and active nutrients, this facial comforts, renews and repairs. Ultra-nourishing to feed dull, dry, exposed skin, it transforms complexions to radiant and satin smooth.

OXYGENATING PURE & MATT (70 mins)£52.50

For instant clarity on dull, devitalised skin, this antibacterial and mattifying facial blitzes spots and shine. Includes Aquatic Plant Powders and an oxygenating power mask for a brighter and shine-free complexion that's simply flawless.

HARMONIE CALM (70 mins).....£52.50

Acting like a calming comfort blanket, this blissful treatment relieves stressed, angry skin. Power-packed with skin strengthening Essential Oils and including a skin-perfecting peel-off mask, it works immediately for clear, soothed and resilient skin.

WHITE PETAL BRIGHTENING (70 mins).....£52.50

A brightening treatment with a vitamin C power booster to help restore luminosity, lighten pigmentation marks and turbo-charge cell regeneration.

WRINKLE RESIST / GREEN MANDARIN Coming Soon!£53.00

COLLAGEN PLUMP AND LIFT/YOGA (70 mins)£54.00

Energising but luxurious, specialised massage helps recharge skin tissues while an indulgent, collagen-rich mask infuses the complexion with skin-plumping nutrients. The skin's natural renewal process is kick-started for firmer, radiant skin.

OREXCELLENCE PILATES FACIAL (70 mins).....£56.00

Inspired by Pilates, delivers a natural lift to the face, whilst helping to reshape the facial contours with a re-cushioning effect. The skin is left flawless, glowing with a rosy youthfulness

LIFT & EYES (90 mins)£68.00

Combines all the effects of an 'Expert' facial and the 'Vital Eyes' treatment.

VITAL EYES (40 mins).....£40.00

An eye treatment which helps to ease sinus congestion, eye strain, dark shadows and smooth fine lines.

ENVIRON FACIAL TREATMENTS



ENVIRON™

The Environ facial treatments use highly active and effective ingredients with small electrical impulses combined with soundwaves to drive specific ingredients deep into the skin. Products can penetrate 4,000 times deeper into the skin than a manual facial alone. Immediate results seen. Choose from:

ACTIVE VITAMIN TREATMENT

Tailored to suit all skin types, especially sun-damaged, mature, dry and uneven skin tone. Immediate results are seen.

| | |
|--------------------------|--------|
| (3 areas) 70 mins | £62.00 |
| (10 areas) 90 mins | £79.00 |

HYDRABOOST (10 areas) 70 mins.....£79.00

Perfect for dry, lacklustre skin, resulting in a glowing, hydrated, plumped skin.

COLLAGEN POWER

This peptide packed facial boosts collagen, softens fine lines and tightens lax skin resulting in more youthful, plumper, radiant skin.

| | |
|--------------------------|--------|
| (3 areas) 70 mins | £65.00 |
| (10 areas) 90 mins | £79.00 |

PRECISION TREATMENT (40mins).....£45.00

Time effective, targeting specific areas of concern.

PURIFYING TREATMENT (40 mins)£45.00

Purifies, exfoliates and re-hydrates particularly good for acne, scarring and congested skin types.

THE 'NO TOX' FROWN TREATMENT

| | |
|---------------|------------------|
| (40mins)..... | £60.00 to £80.00 |
|---------------|------------------|

Smooths the forehead using active ingredients which soften lines and reduce muscle tension. Same chemical complexes as injectables without any associated risks.

(A 10% discount can be applied to the above x 6 facials)

COOL PEEL TREATMENT 70 mins.....£65.00

| | |
|---------------------|---------|
| A course of 6 | £350.00 |
|---------------------|---------|

Low strength lactic acid is used to create a tighter, smoother skin. It destroys bacteria, boosts hydration. Ideal for lines, wrinkles, rough, problem, sun-damaged and Rosacea skin.

ADVANCED COLLAGEN STIMULATION THERAPY (Needling)

| | |
|-----------------------------------------|-------------|
| (1½ - 2 hrs) *Patch test required. | £200 - £250 |
|-----------------------------------------|-------------|

A course of 5 / 8 / 10 treatments available at a discounted price. The body responds to this needling technique as it would to an injury. The small amount of bleeding caused releases powerful growth factors resulting in increased collagen and elastin production. The painless procedure uses a topical anaesthetic and a small instrument containing tiny needles to give maximum results.

Prices subject to change please check the website for any changes



Bio-Therapeutic

NON-SURGICAL FACE LIFT MICRO CURRENT FACIALS

NEW Bio Therapeutic. A treatment using a micro-current to improve muscle tone and stimulate the production of collagen in the skin. A visible difference can be noticed after just one treatment.

BIO-ULTIMATE AGE DEFYING FACIAL (1¼hrs)

The Ultimate facial! The non-invasive Bio-Ultimate® Age Defying Facial is a complete and comprehensive service that targets fine lines, improves the appearance of skin tone, and offers intense hydration. Maintenance services are recommended monthly for longevity of results.

| | |
|-----------------------|---------|
| Single treatment..... | £55.00 |
| Course of 5..... | £247.50 |
| Course of 10..... | £495.00 |

BT-COCKTAIL® LIFT (30mins)

The bt-Cocktail® lift is the ultimate mini face lift service. Key movements combined with advanced topical ingredients leave the skin firm, radiant and glowing.

| | |
|-----------------------|---------|
| Single treatment..... | £35.00 |
| Course of 5..... | £157.50 |

INVISIBLE EXPRESSION FACIAL (45mins)

Especially for eyes/forehead. This excellent service targets expression aging around the eyes and forehead. Intense hydration provides refreshed and supple skin while advanced technology dramatically reduces the appearance of cine lines.

| | |
|-----------------------|---------|
| Single treatment..... | £45.00 |
| Course of 5..... | £202.50 |

TURBO LIFT FACIAL™ (1hr)

Get a quick lift in less time! The Turbo Lift Facial™ service is perfect for a special occasion or a night out. Offers immediate, dynamic results. A full series is recommended for comprehensive results.

| | |
|-----------------------|--------|
| Single treatment..... | £48.00 |
|-----------------------|--------|

COMBINED DECLÉOR/LIFT FACIAL (2hrs)£85.00

A bespoke facial combining a Decléor facial with the non-surgical facial to give the firming and nourishing benefits with highly effective results.

COMBINED ENVIRON/LIFT FACIAL (2hrs)£90.00

For muscle toning and deep nourishment.

OTHER FACIALS

CRYSTAL CLEAR™ MICRO DERMABRASION

More gentle than a chemical peel. Good results for skin with open pores, lines and wrinkles, pigmentation, acne scarring and sun damage.

| | |
|-----------------------------------------------------------|---------|
| Single treatment (Including face mask) | £44.00 |
| Single 30 min treatment (no mask)..... | £30.00 |
| Course of 5 treatments (Inc. face mask).. (Save £10.00) - | £210.00 |
| Course of 5 treatments (no mask)..... (Save £10.00) - | £140.00 |

Prices subject to change please check the website for any changes

STEAM CLEAN FACIAL (1¼ hrs) £48.00

For sallow/blocked skins, as the Aromatherapy Facial, also including steaming and the removal of blockages/blackheads

SOLUBLE COLLAGEN TREATMENT MASK

This can be incorporated within a facial treatment or can be applied whilst having other treatments. Comprising of sponge sheets which have been impregnated with soluble collagen. Skin is firmer and more supple, fine lines are diminished.

Full Facial Sheet (with other facials)+£18.50

Or as an individual treatment (½ hr)£25.50

ADVANCED TREATMENTS

BOTOX, RESTYLANE AND COLLAGEN

(with experienced, qualified Doctor)

Consultation£30.00

(fee refundable on day of consultation with Treatment)

Treatments from£180.00

(Separate price list available)

ACID PEELS (Coming Soon!)

RED VEIN TREATMENT & SKIN TAG REMOVAL

First Consultation and Treatment (40min)..... £48.00

Follow-up Treatments £42.00

MASSAGE AND RELAXATION

MASSAGE (Swedish style)

Full Body Massage (55 mins)..... £39.50

Back and Neck Massage £22.50

AROMATHERAPY

A most relaxing body massage using 100% pure essential pre blended oils to treat the whole body. Tailored to suit your personal needs.

Full Body (70 mins) £46.00

Course of 5..... (save £10.00) - £220.00

Back and Neck (40 mins) £26.50

DEEP TISSUE MUSCLE ENERGISER MASSAGE

Pure therapeutic relaxation to alleviate stress deep down and release the discomfort of aching muscles. 100% natural Essential Oil Balms enhance the experience, leaving your mind calmer and muscles intensely soothed.

25 mins £24.00

55 mins £46.00

RHBC SIGNATURE BODY, FACE AND SCALP MASSAGE

A luxurious massage, designed to relax the whole body using our specifically chosen oils/balms. Helps to induce a sense of calm, wellness and sheer relaxation.

1½ hrs..... £60.00

Prices subject to change please check the website for any changes

FULL BODY SCRUB

To remove dry-dead skin cells and moisturise the body, for silky-soft skin, followed by an application of luxury body lotion.

Ideal pre-tanning (25min)..... £25.00

HOT STONE MASSAGE

Full Body (70 min)..... £48.00

Back and Neck (30 mins) £26.95

DECLÉOR BAMBOO MASSAGE (1¼hr) coming soon!

Relieve your daily stresses and tiredness with this sensuous deep tissue massage using natural bamboo and deep pressures to accentuate the massage effects and instantly relieve muscle tensions. The massage with Cica, Rosemary & Niaouli Essential Oils will help to stimulate blood circulation and help your skin to heal itself, naturally.

INDIAN HEAD MASSAGE £28.00

A truly relaxing massage technique covering the head and shoulders benefiting a variety of physical and emotional concerns.

DECLÉOR TRANQUILLITY SCALP £31.50

Intensely de-stressing scalp treatment to banish tension and aid restful sleep. Pressure point massage includes Rosemary and Lavender Essential Oils to invigorate and calm leaving a feeling a pure serenity.

BACK CLEANSE

A treatment to exfoliate and deep clean the back including steaming and the removal of blackheads.

(40 mins)..... £28.00

HOPI EAR CANDLING (with face massage) (1hr)..... £28.00

A hopi (meaning, peaceful people) Ear Candle Technique can be used for relaxation purposes and can also be helpful for a variety of ear, nose and throat conditions.

DECLÉOR LOCALISED AROMA BODY TREATMENTS

PERFECT LEGS & PRETTY FEET (40 mins)..... £38.00

course of 5(save £20) £170.00

Energise sluggish circulation and flush away toxins to relieve puffiness with this focused yet pampering treatment. Tired, aching muscles relax to leave you feeling like you're walking on air.

RADIANT MUM 2 BE (55 mins)(+14 weeks pregnancy) £46.00

Relax while your highly trained therapist safely and gently treats your tummy, legs and face to a truly nurturing experience that helps reduce the risk of stretch marks, relieves 'heavy' legs and brightens skin.

NEW MUM INDULGENCE TREAT (55 mins)..... £46.00

Combining a divine body massage, tailor-made facial and soothing mask, this rejuvenating and relaxing treatment has been specifically created for the needs of new mums. Leaves skin perfected and strengthened...and you unwound.

Prices subject to change please check the website for any changes

SLIMMING & TONING

G5 VIBRATORY MASSAGE

A mechanical massage for the hips, thighs and abdomen. G5 helps to break down adipose (fatty) deposits and cellulite.

| | |
|----------------------------|----------------------|
| 40 min Treatment | £30.00 |
| 6 x 40 min Treatment | (Save £10) - £170.00 |
| 25 min Treatment..... | £25.00 |
| 6 x 25 min..... | (Save £6) - £140.00 |

THE UNIVERSAL EXPRESS BODY WRAP

Using bandages soaked in a mineral enriched sea-clay solution. Excellent for inch loss, firming the skin and improving stretch marks and detoxifying the body. Spot reduction for individual areas.

| | |
|----------------------------------------|-----|
| per area (stomach, thighs, legs) | £25 |
|----------------------------------------|-----|

TANNING

SELF TANNING (Patch test required).

Achieve a golden tan without the sun. Perfect for that special occasion or pre-summer holiday.

| | |
|----------------------------------------------|--------|
| Decl or Full Body manual application | £34.00 |
| Decl or   Body manual application | £25.00 |
| St. Tropez air tan Full Body spray tan | £25.00 |
| St. Tropez air tan   Body spray tan | £18.00 |

SUN SHOWER

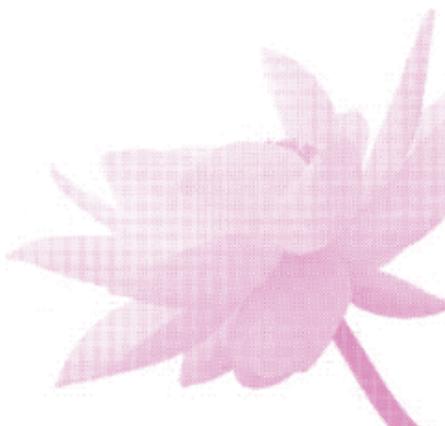
from 50p per minute
Using E.U. regulation compliant tubes

MAKE-UP

| | |
|-------------------------------------|--------|
| Day or Evening Make-up..... | £30.00 |
| Bridal Make-up (as available) | £35.00 |
| Step by Step Make-up Lesson | £35.00 |

EAR PIERCING

| | |
|------------------------------------------|--------|
| Including Hypoallergenic Gold Studs..... | £15.00 |
|------------------------------------------|--------|



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PACKAGES

TOP TO TOE

Manicure, Pedicure, Decléor Facial & Back & Neck Massage

3½ hrs..... (Save £10.50) - £124.00

PREPARE FOR HOLIDAY (3 hrs)

Full manicure, full pedicure, body exfoliation, eyelash tint..... £95.00

EXPRESS HOLIDAY PACKAGE (2½ hrs)

Mini manicure and mini-pedicure, eyelash tint, body scrub

..... (Save £5.00) - £79.00

Full Body Tan (St Tropez or Decléor) + £18.00

BRIDAL PACKAGE (3¾ hrs) (Save £10 .00) - £115.00

Decléor Discovery Facial, manicure, pedicure, eyelash tint and eyebrow shape

(Upgrade to shellac manicure and pedicure) + £6.00

Full Body Tan (St Tropez or Decléor) + £18.00

RELAXING TREAT (1½ hrs) (Save £5.00) - £69.25

Hands, file and polish, back and neck massage and Decléor facial.

PROM PACKAGES (age 18yrs or under) Price on request

All Consultations - 15 mins..... £6.50

(refundable against treatments or products purchased)

• **ALL PRICES MAY BE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE**

• **TREATMENTS MAY BE DISCONTINUED WITHOUT NOTICE**

• **MOBILE SERVICE AVAILABLE – PRICE ON REQUEST**

• **A 50% CHARGE WILL BE MADE TO CLIENTS WHO FORGET OR CANCEL APPOINTMENTS WITH LESS THAN 24 HOURS NOTICE**

• **MOBILE PHONES**

As a courtesy to other clients and to maintain a relaxed atmosphere, please keep switched off

• **TREATMENT TIMES ARE GIVEN AS AN APPROXIMATE GUIDE**

• **PLEASE INFORM US OF ANY MEDICAL CONDITIONS BEFORE YOUR TREATMENT**

• **SKIN PATCH TEST REQUIRED PRIOR TO TINTING / PERMING / TANNING AND LASH EXTENSIONS**

Prices subject to change
please check the website
for any changes



**GIFT
VOUCHERS
AVAILABLE**

The Mews, Church Street, Ross-on-Wye,
Herefordshire, HR9 5HN

01989 564579

www.rosshealthandbeauty.co.uk